

March 2026 - Memory Care

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2	3	4	5	6	7
9:30 Virtual Church Service (8D) 11:00 Stretch Class (8R) 1:30 Spotify Music Group (8D) 3:00 Football (8R) 6:30 Staff Choice (8R) 7:30 Tea and Snack (8D)	9:45 Music with Jimmy (8D) 11:00 Balance Class (8R) 2:00 Name That Tune: TV Tunes (8D) 3:30 Hover Ball (8R) 6:30 Cooking Show (8R) 7:30 Tea and Snack (8D)	11:00 Cardio Class (8R) 2:00 Live Music: Diane Lane (violin) & Patricia Higgins (viola) (T) 3:30 Obie Games (8R) 6:30 Movie Night (8R) 7:30 Tea and Snack (8D)	10:00 Music with Kathryn (8D) 11:15 Strength Class (8R) 2:00 Live Music: Jerry Hashman (banjo) (T) 3:00 Mandala Watercolour Painting for Holi (8R) 6:30 Dancing with the Stars (8R) 7:30 Tea and Snack (8D)	10:00 Scenic Drive (E) 11:00 Stretch Class (8R) 2:00 Sing Along: Classic Country (8R) 3:30 Bocce Ball (8R) 6:30 Movie Night (8R) 7:30 Tea and Snack (8D)	9:30 Kingsland Day Care Visit (8D) 11:15 Cardio Class (8R) 2:30 Music with Jimmy (8D) 3:30 Target Toss (8D) 7:00 Karaoke Night (8R) 7:30 Tea and Snack (8D)	9:30 Weekend Puzzlers (8D) 11:00 Strength Class (8R) 2:15 Craft: Colouring Peacocks (8R) 3:00 Badminton (8R) 6:30 Movie Night (8R) 7:30 Tea and Snack (8D)
8	9	10	11	12	13	14
9:30 Virtual Church Service (8D) 11:00 Stretch Class (8R) 1:30 Spotify Music Group (8D) 3:00 Axe Throwing (8R) 6:30 Staff Choice (8R) 7:30 Tea and Snack (8D)	9:45 Music with Jimmy (8D) 11:00 Balance Class (8R) 2:00 BINGO (8D) 3:30 Giant Dart Game (8R) 6:30 Cooking Show (8R) 7:30 Tea and Snack (8D)	11:00 Cardio Class (8R) 2:00 Live Music: Emily (flute) & Augustine Yates (piano) (T) 3:30 Dice Game (8R) 6:30 Movie Night (8R) 7:30 Tea and Snack (8D)	10:00 Music with Kathryn (8D) 11:15 Strength Class (8R) 2:00 Documentary: Most Extraordinary Gemstones in the World (T) 3:00 Gemstone Excavation (8R) 6:30 Dancing with the Stars (8R) 7:30 Tea and Snack (8D)	10:00 Scenic Drive w/ HCA's (E) 11:00 Stretch Class (8R) 1:30 Movie Matinee: Singin' in the Rain (1952 Musical /Comedy) (T) 3:30 Bocce Ball (8R) 6:30 Movie Night (8R) 7:30 Tea and Snack (8D)	9:30 Jigsaw Puzzles (8D) 11:00 Cardio Class (8R) 2:30 Music with Jimmy (8D) 3:30 Soccer (8D) 7:00 Karaoke Night (8R) 7:30 Tea and Snack (8D)	9:30 Weekend Puzzlers (8D) 11:00 Strength Class (8R) 1:30 Craft: Shamrock Painting (8R) 3:00 Bowling (8R) 6:30 Movie Night (8R) 7:30 Tea and Snack (8D)
15	16	Saint Patrick's Day	18	19	20	21
9:30 Virtual Church Service (8D) 11:00 Stretch Class (8R) 1:30 Spotify Music Group (8D) 3:00 Indoor Curling (8R) 6:30 Staff Choice (8R) 7:30 Tea and Snack (8D)	9:45 Music with Jimmy (8D) 11:00 Balance Class (8R) 2:00 Trivia (8R) 3:30 Parachute Games (8R) 6:30 Cooking Show (8R) 7:30 Tea and Snack (8D)	10:00 Scenic Drive w/ HCA's (E) 11:00 Cardio Class (8R) 2:00 Live Music: Natalie (singer), Alex & Matthew (guitar) (T) 3:30 St. Patrick's Day Party (8R) 6:30 Movie Night (8R) 7:30 Tea and Snack (8D)	10:00 Music with Kathryn (8D) 11:15 Strength Class (8R) 2:00 Baking: Irish Soda Bread (8R) 3:30 Irish Soda Bread Social (8R) 6:30 Dancing with the Stars (8R) 7:30 Tea and Snack (8D)	10:00 Scenic Drive (E) 11:00 Stretch Class (8R) 2:00 Live Music: David Morris (guitar and singing) (T) 3:30 Bocce Ball (8R) 4:30 Menu Theme: Ireland (8D) 6:30 Movie Night (8R) 7:30 Tea and Snack (8D)	9:30 Kingsland Day Care Visit (8D) 11:00 Cardio Class (8R) 2:30 Music with Jimmy (8D) 3:30 Basketball (8D) 7:00 Karaoke Night (8R) 7:30 Tea and Snack (8D)	9:30 Weekend Puzzlers (8D) 11:00 Strength Class (8R) 1:30 Science Experiment: Magic Gel Water Animals (8R) 3:00 Ladder Ball (8R) 6:30 Movie Night (8R) 7:30 Tea and Snack (8D)

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Sun	Mon	Tue	Wed	Thu	Fri	Sat
22	23	24	25	26	27	28
9:30 Virtual Church Service (8D) 11:00 Stretch Class (8R) 1:30 Spotify Music Group (8D) 3:00 Mini Golf (8R) 6:30 Staff Choice (8R) 7:30 Tea and Snack (8D)	9:45 Music with Jimmy (8D) 11:00 Balance Class (8R) 2:00 Family Feud (8R) 3:30 Indoor Tetherball (8R) 6:30 Cooking Show (8R) 7:30 Tea and Snack (8D)	10:00 Scenic Drive w/ HCA's (E) 11:00 Cardio Class (8R) 2:00 Live Music: Tom (cello) & Louise Stuppard (violin) (T) 3:30 Magnetic Chess Game (8R) 6:30 Movie Night (8R) 7:30 Tea and Snack (8D)	10:00 Music with Kathryn (8D) 11:15 Strength Class (8R) 2:00 High Tea: Cherry Blossoms (C) 3:30 Colouring: Japanese Scenery (8R) 6:30 Dancing with the Stars (8R) 7:30 Tea and Snack (8D)	11:00 Stretch Class (8R) 2:00 Live Music: Peter at the Piano (T) 3:30 Bocce Ball (8R) 6:30 Movie Night (8R) 7:30 Tea and Snack (8D)	9:30 Jigsaw Puzzles (8D) 11:00 Cardio Class (8R) 2:30 Music with Jimmy (8D) 3:30 Beach Ball Games (8D) 7:00 Karaoke Night (8R) 7:30 Tea and Snack (8D)	9:30 Weekend Puzzlers (8D) 11:00 Strength Class (8R) 1:30 Craft: Painting Textured Art (8R) 3:00 Shuffleboard (8R) 6:30 Movie Night (8R) 7:30 Tea and Snack (8D)
29	30	31		Locations Legend: 8th Floor Dining Room (8D) 8th Floor Patio (8P) 8th Floor Recreation Room (8R) Creative Studio (C) Excursion (E) Theatre (T)		
9:30 Virtual Church Service (8D) 11:00 Stretch Class (8R) 1:30 Spotify Music Group (8D) 3:00 Volleyball (8R) 6:30 Staff Choice (8R) 7:30 Tea and Snack (8D)	9:45 Music with Jimmy (8D) 11:00 Balance Class (8R) 2:00 Card BINGO (8D) 3:30 Indoor Archery (8R) 6:30 Cooking Show (8R) 7:30 Tea and Snack (8D)	10:00 Scenic Drive w/ HCA's (E) 11:00 Cardio Class (8R) 2:00 Live Music: Dane Von Hagen (singer) (T) 3:30 Obie Games (8R) 6:30 Movie Night (8R) 7:30 Tea and Snack (8D)				